

## DISTRICT 22 HAMILTON WENTWORTH SENIOR 55+ GAMES

DATE	EVENT	LOCATION	TIME	NOTES
Tuesday April 23/24	Bowling 5 Pin	Waterdown Lanes 64 Hamilton Street North, Waterdown, Ontario L0R 2H6	10:00 AM	Open Team 5 players & Singles \$9 paid on site for lanes
Wednesday April 24/24	Walking, Nordic & Run	T.B McQueston Park 1199 Upper Wentworth Street Hamilton, Ontario L8W 2Y7	9:00-1:00 pm	<b>Events:</b> *Prediction walking 9-10am *Prediction run 10:15-11:14am *Prediction Nordic walking 11:30am-12:30pm
Thursday April 25/24	Pickleball Mix Doubles 55-64, 65+	Ancaster Senior Achievement Centre 622 Alberton Road South Alberton, Ontario L0R 1A0	9:00 AM	Outdoor Courts <b>Rain Date:</b> Friday April 26/24 <b>Must</b> - put down what level you are 3 1/2 and under or 4 and up
Thursday May 2/24	Contract Bridge Open Doubles	Flamborough Senior Centre 163 Dundas Street East Waterdown, Ontario	12 pm-4:00 pm	
Wednesday May 1/24	Swimming Predication & sprints	Central Memorial Recreation Centre 93 West Avenue Street Hamilton, Ontario L8N 1S	1:00-4:00 pm	<b>Each swimmer can compete in up to 5 events from the list below</b> <b>Prediction</b> 200M Men & Women 55+. 65+, 75+ <b>Prediction</b> 100M Men & Women 55+. 65+, 75+ <b>Sprints</b> Men & Women 55+, 65+, 75+ 50M - Freestyle, Backstroke, Breaststroke,
Thursday May 2/24	Pickleball Women's Doubles 55-64, 65+	Ancaster Senior Achievement Centre 622 Alberton Road South Alberton, Ontario L0R 1A0	9:00 AM	Outdoor Courts <b>Rain Date:</b> Friday May 3/24 <b>Must</b> - put down what level you are 3 1/2 and under or 4 and up
Tuesday May 7/24	Cycling 55+, 55-64, 65+	Hwy 52 Rail Trail Hwy 52 and Powerline Road	10:00 AM	Parking off Hwy 52 <b>Events:</b> *5km Prediction Men and Women 55+_ *10km Time trail Men and Women 55-64, 65+
Wednesday May 8/24	Golf - Callaway Men & Women 55-64, 65-74, 75+	Oak Gables Golf Club 1505 Wilson Street West Jerseyville, Ontario L0R 1R0	8:00 AM	\$55.00 18 holes + shared Cart pay at Oak Gables <b>Rain Date: Tues May 14/24</b>
Thursday May 9/24	Shuffleboard Open Doubles	Ancaster Senior Achievement Centre 622 Alberton Road South Alberton, Ontario L0R 1A0	1-4 pm	
Thursday May 9/24	Pickleball Men's Doubles 55-64, 65+	Ancaster Senior Achievement Centre 622 Alberton Road South Alberton, Ontario L0R 1A0	9:00 AM	Outdoor courts <b>Rain Date:</b> Friday May 10/24 <b>Must</b> - put down what level you are 3 1/2 and under or 4 and up
Friday May 10/24	Billiards Snooker	Sackville Hill Senior Centre 780 Upper Wentworth Street Hamilton, ontario L9A 4V5	9:30 AM	
Friday May 10/24	Tennis	Rosedale Tennis Club 42 Lawrence Road Hamilton, Ontario L8M 3E3	9:30 AM	<b>Events:</b> * Mens Doubles 55-64, 65-75, 74+ * Womens Doubles 55-64, 65-74, 75+ * Mixed Doubles 55-64, 65-74, 75+
Friday May 10/24	Lawn Bowling	Roselawn Lawn Bowling Club 50 Lawrence Road Hamilton, ON L8K 1Z9	9:30 AM	